



# THE BACK-SPLASH

Newsletter of the Edmonton Rowing Club - Spring 2004



## Happy Birthday ERC!

Community invited to July 10 open house and regatta

Edmonton Rowing Club turns 30 years-old this year! To celebrate our birthday we're inviting everyone in the community to an open house that will be held in conjunction with our annual Mega Crab Regatta.

The Mega Crab is a recreational regatta that combines novice and experienced rowers in the same boat for a fun race over a 500 meter course. This year, in honor of our anniversary, the event will include kayakers, canoers, dragon boats and other non-motorized craft. The regatta will begin around 10:00 am.

Festivities continue throughout the afternoon with a barbeque and lots of other goodies. ERC rowers will also be inviting guests to "sit in" with a crew and experience the North Saskatchewan River from inside a racing shell.

For more information, contact Mike Daly at 484-6946 or 481-4132.

## New ERC boat house in the works



The Edmonton Rowing Club is working with the City of Edmonton to determine a new location for its facilities. The current boathouse, dock and other structures are slated for demolition and the land they occupy will be returned to its

natural state in accordance with the City's "Ribbon of Green" master plan.

The Edmonton Rowing Club will share the new boathouse with the Edmonton Racing Canoe Club. ERC and the programs it offers to the community have grown significantly over the past five years. The new building will help to accommodate this growth and future growth of the Club and its programs.

## ERC members on the move...

**Zoë Hoskins** was selected for the Canadian National Team! Go Zoë!!

Strathcona High School senior **Krystal Kulka** won a rowing scholarship to Southern Methodist University in Texas. Krystal began her rowing career in ERC's Youth Rowing Challenge. Krystal is the second ERC rower to earn a scholarship at SMU! Our own **Leslie Smith**, now a senior at SMU, rows 4-seat in the Women's Varsity 8.

First year University of Victoria student **Terrence McKall** won the Robert T. Wallace Award which recognizes the most outstanding rookie athlete of the year. Terry is currently participating in National Team selection camps.

## Edmonton Rowing Club Executives and Staff

(Who's in charge down there, anyway?)

### President

Connie Phillips

### Vice-President

Mike Steacy

### Treasurer

Kris Davis

### Secretary

Beverly Hoskins

### Head Coach

Florent Boisson

### Club Manager

Mike Daly

### Lands and Equipment

Charles Cook

### Row for Life

Lindsay Chevrier

### Fund Raising

Linda Huebscher

### Bingo Coordinator

Jennifer Hubbard

### Youth Rowing Challenge

Jim Lumsden

### Junior Representative

Lauren Penner

### U of A Representative

Abel Tsang

### Web Page

Lynda Webster

Carla Brenner

### Newsletter Editor

Barbara Phillips

*(Questions, comments, rants or raves about the newsletter can be sent to philli@whidbey.com)*

# Edmonton Rowing Club adopts Andrew Hoskins



**Andrew Hoskins**

Isn't this guy a little old to be looking for someone to adopt him? Don't his parents want him? Doesn't *anyone* want him? (Of course, we're just kidding, Andrew!)

ERC has taken advantage of the "Adopt a Rower Program" run by Rowing Canada Aviron to "adopt" Andrew Hoskins, our own hometown hero and captain of the Cana-

dian Rowing Team's World Champion men's eight. Over the next few months the ERC will help to support Andrew on his road to Olympic gold!!

Andrew started rowing in 1995 at the Edmonton Rowing Club. At the 1998 University Championships, he was first in the 8+ with Uvic and at the Henley, he was first in the intermediate 1x, first in the senior 1x and third in the 500m dash 1x.

At the 1998 Canada Cup, he was 1st in the 1x and 1st in the 4-.

Andrew was a spare for the Olympic men's eight and a member of the 2001 Canadian National Team men's

eight. In 2002, the eight has enjoyed success at the British Henley - coming first in the Grand Challenge Cup, then picking up a bronze at the World Cup in Lucerne, Switzerland and finally winning the Worlds in Seville, Spain.

**Birth date:** Dec. 20, 1975

**Hometown:** Edmonton, Alberta

**Height:** 6'3" **Weight:** 205 lbs.

**Occupation:** Environmental Sciences at the University of Victoria

**Club:** Edmonton Rowing Club

**National Coach:** Mike Spraklen

**World Championships:**

2003 - 1st men's eight (Milan, ITA)

2002 - 1st men's eight (Seville, ESP)

## Pulse powers ERC's Pauline Van Roessel



**Pauline Van Roessel**

Bow Island, a little town in southeast Alberta, is famous for Pulses - not heartbeats - but peas, beans, lentils, chick peas. In fact, the town mascot is a

cowboy clothes-wearing character named "Pinto McBean."

Soon, Bow Island may have another claim to fame. ERC's own Pauline Van Roessel, a farm girl from Bow Island, will be representing Canada as a member of the Women's 8+ team at the 2004 Olympic Games in Greece.

Now, Alberta Pulse Growers (APG), a trade group representing growers of edible dry beans, is lending financial support to Pauline's Olympic aspirations. "Pauline is a perfect spokeswoman for the Pulse Industry. She understands farming and the focus on growing a quality food product and she understands today's elite athlete and their demands for a high

energy/low fat diet," according to APG Executive Director, Janette McDonald.

Pauline rowed second from bow in the National Team Eight, which won a Bronze Medal in the 2003 World Championships in Italy. This Bronze Medal earned Canada a berth in Athens this summer.

After a successful basketball career at the University of Lethbridge, Pauline took up rowing in 1996 when she enrolled at the University of Alberta. "I had been greatly inspired by the performance of the entire Olympic medal winning crews and athletes: Marnie McBean, Kathleen Heddle, Silken Laumann, and Derek Porter. By April 2002, I raced at the World Championships in both the Eight and the Four."

**Birth date:** May 9, 1967

**Hometown:** Bow, Alberta

**Height:** 5'10" **Weight:** 160 lbs.

**Occupation:** Industrial Designer

**Club:** Edmonton Rowing Club

**National Coach:** Al Morrow

**World Championships:**

2003 - 3rd women's 8+ (Milan, ITA)

2002 - 2nd women's 4 (Seville, ESP)

## Local high school students rock at Indoor Rowing Challenge!

The High School Indoor Rowing Challenge was an enormous success! Three Edmonton High Schools and one participant from Red Deer participated in the Challenge. Sixty students participated in six weeks of training. The Indoor Regatta was held at West Edmonton Mall on April 10. Congratulations to all Ross Shepard High School, Strathcona High School and Old Scona students for all your hard work!!

## New Member Handbooks are here!

Thanks to a heroic effort by Mike Daly, the new, updated Member Handbooks are finally here! For your very own copy all you have to do is register - or - check it out on the new ERC website ([www.erc.edmonton.ab.ca](http://www.erc.edmonton.ab.ca)). This is a MUST READ! See amusing digital photos of club officers! Find out who's supposed to be doing what!! Learn the difference between a rudder and a rigger!!! *You really can't live without this book!!!!*

# Fundraising events bring in \$16,000!



*Multi-tasking at West Edmonton Mall...*

*At a January 17 fund raising event, ERC Rowers erg for dollars while getting lots of rowing practice and building team spirit.*

Since January, ERC has held two fundraising events. These two events; an Erg-a-thon, held at West Edmonton Mall in January and a Silent Auction and Dinner held at the Provincial Museum have raised approximately \$16,000 to help support future development of the ERC's programs and facilities.

### Who are those people and what are they doing?

Visitors to West Edmonton Mall on January 17th witnessed an unusual spectacle as scores of ERC rowers took their turns on an array of ergometers pulling for a collective total of 760,000 meters.

The event is dubbed the Erg-a-thon after the ergometer, the stationary rowing machine that the team uses for off-water practices.

The annual event serves as a fundraiser for the club as well as an exercise in team building, stamina, commitment, fun, and of course, lots and lots of erg practice.

### A sweet idea for Valentine's day.

On February 13th, ERC held a dinner and silent auction at the Provincial Museum. The dinner was prepared by Elizabethan Caterers and the draw prize was dinner at Jack's Grill, a night at a local hotel and ESO tickets. Our Olympians-in-training, Pauline Van Roessel and Andrew

Hoskins each donated items to the silent auction.

Thank you to all the companies, sponsors and athletes that helped raise more than \$16,000 through the silent auction dinner and ergathon!!

A special "thank you" to our corporate sponsors: Alberta Envirofuels, ATCO Structures, Edmonton Journal, Inland Cement, Raul, Unique Trophies, Voice Construction and Voxcom!!

## ERC welcomes new masters rowers!

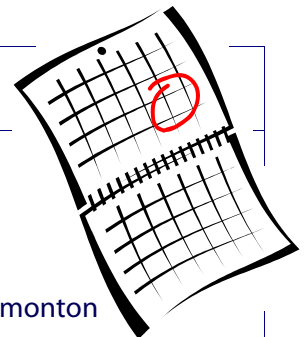
Last winter, Beverly Hoskins, mother of ERC and National team rowers Andrew and Zoë, got tired of standing on the sidelines and decided to see what all the excitement was about. She and several of her friends enrolled in the winter Learn-to-Row program held in the tank. The group of masters women is now out on the water working with Coach Florent. Rumors are circulating that they are preparing to compete in the World Masters Games, which will be held here in Edmonton in September, 2005.

## ERC gets serious about public relations

ERC has hired Brian Heatherington and Associates (BH&A) to help the Club with publicity and fundraising. BH&A is Alberta's oldest public relations firm and provides communications services to clients in the areas of health care, high technology, environment, organized sports and non-profit organizations.

## Save the date!!

DATE	EVENT
May 22 – 23	Technical Training Camp, Calgary
May 29	Freeze or Fry Regatta, Edmonton
June 5	Western Canada Sprints, Regina, SK
June 12	Youth Rowing Challenge Regatta, Edmonton
June 17	Kick off party for the Row for Life
June 21	Training for the Row for Life Festival begins
July 3	Alberta Rowing Championships, Calgary
July 4	Provincial Team Trials/Selection, Calgary
July 10	ERC Open House & Mega Crab Regatta
July 17	Prairie Championships, Telford Lake, Leduc
July 30 – 31	Canada Cup, Montreal, PQ
August 3 – 8	Canadian Henley, St. Catherine's, ON
August 14	Row for Life Festival and Regatta
August 14 - 22	Olympic Games Regattas, Schinias, Greece
August 20 - 22	Canadian Open Masters Championships, Victoria
October 30	Head of the Gorge, Victoria
October 31	Head of the Elk, Victoria



# Where in the world is Edmonton Rowing Club?

## Driving Directions

### Coming from the South or East:

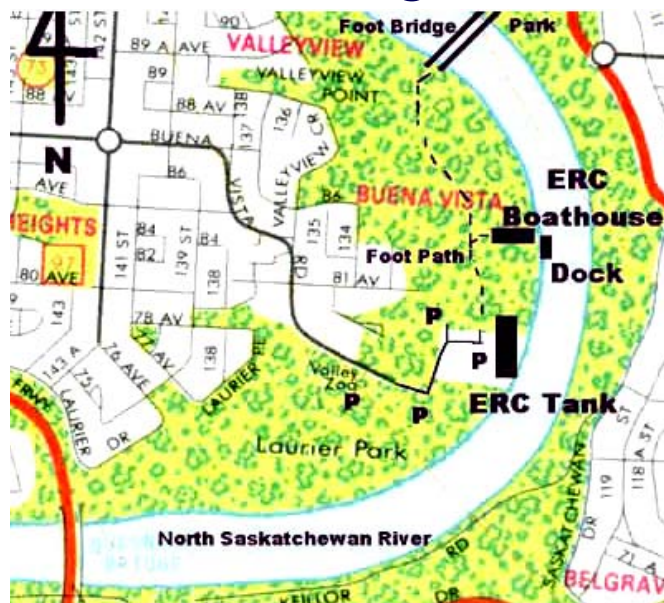
Take the Whitemud West to 149 street. Turn right on 87th Ave, and follow to a traffic circle. Go 180 degrees around the traffic circle to Buena Vista Road. Take Buena Vista to the very end of the road, turning off on your last left on 129th. Continue down 129th directly into our building.

### Coming from the North:

Take 142nd south to the traffic circle on 87th Ave. Go 270 degrees around the traffic circle to Buena Vista Road. Take Buena Vista to the very end of the road, turning off on your last left on 129th. Continue down 129th directly into our building.

### Coming from the West:

Take 87th Ave to the traffic circle on 142nd. Go 180 degrees around the traffic circle to Buena Vista Road. Take Buena Vista to the very end of the road, turning off on your last left on 129th. Continue down 129th directly into our building.



## **24 MAY 04. CANADIAN CREWS WIN FIVE EVENTS IN INTERNATIONAL COMPETITION!!**

Today at the International Wedau Regatta in Duisburg, Germany, Canada's men's eight - two-time World Champions - won its final in 5:56:15, followed by Germany in 6:02:56, and Poland in 6:07:16. The 2004 men's eight members are Jeff Powell, Winnipeg, MB; Scott Frandsen, Kelowna, BC; **Andrew Hoskins, Edmonton, AB**; Adam Kreek, London, ON; Chris Jarvis, St. Catharines, ON; Darren Barber, Victoria, BC; Kevin Light, Sidney, BC; Joe Stankevicius, Dundas, ON; and Brian Price (cox), Belleville, ON.

The Canadian women's eight of Sarah Pape, Toronto, ON; Karen Clark, Delta, BC; Romina Stefancic, Victoria, BC; Sabrina Kolker, West Vancouver, BC; Roslyn McLeod, Burlington, ON; Andreeanne Morin, Montreal, QC; Jacqui Cook, Burlington, ON; **Pauline Van Roessel, Bow Island, AB**; and Anna-Marie DeZwager, Victoria, BC; finished second in 6:46:07 to the German crew (6:40:86). Canada finished ahead of crews from the Netherlands and France.



## **30 Years on the Water**

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